

UNIVERSITY CLUB OF GRAND RAPIDS

LUNCH MENU

EFFECTIVE SEPTEMBER 1, 2010

Delivery time: MON-FRI - 11:30am until 2pm

TO INSURE NOON DELIVERY PLEASE PLACE ORDERS BY 10:30 AM

Phone: 456-8623 / Fax: 456-8639

Salads

TRAVERSE CITY SALAD

Char-grilled chicken breast sliced over baby spinach leaves with dried cherries, bleu cheese crumbles, walnuts and cucumbers.

Served with sweet cherry vinaigrette.

9.25

MEDITERRANEAN TUNA SALAD

Grilled tuna steak served over romaine lettuce, Bermuda onions, Kalamata olives, cucumbers, tomatoes and Feta cheese.

Tossed with Feta vinaigrette.

13.00

ASIAN SALAD

Mixed greens and vegetables tossed with rice noodles and cashew sesame vinaigrette.

7.00

With grilled chicken or crispy calamari*

9.75

FRESH FRUIT PLATE

Seasonal fresh fruit served with your choice of yogurt, cottage cheese, chicken salad or tuna salad.

8.25

CLASSIC CAESAR SALAD

Romaine lettuce tossed with our special Caesar dressing and freshly shaved Grana Padano cheese.

6.00

With grilled chicken or salmon filet

8.75

With grilled shrimp or Ahi tuna

9.75

HOUSE SALAD, SIDE CAESAR OR PETITE FRESH FRUIT

Field greens with carrots, cucumbers and tomatoes, our classic Caesar or seasonal fruit plate cup.

3.50

Entrees

Grilled Salmon

Grilled salmon fillet served with a sundried tomato, Kalamata olive and rosemary salsa.

12.00

Fresh Lake Perch

Golden fried Great Lakes perch served with lemon and tartar sauce.

11.50

Kobe Sirloin

8 oz steak grilled to your liking and served with haystack onions and peppercorn jus lie.

12.00

Chicken and Mushrooms

Herb sautéed chicken breast with roasted mushroom cream sauce.

10.00

Shrimp Risotto

Sautéed shrimp paired with lemon basil risotto.

12.00

Asparagus and Portobello Penne

Penne pasta with fresh asparagus, Portobello mushrooms & grape tomatoes tossed in basil pesto.

7.00

Add grilled chicken 10.00

Add grilled salmon 12.00

Filet Mignon

Hand cut six ounce beef tenderloin grilled to your liking with red wine stick reduction.

14.00

Sandwiches & Burgers

All sandwiches served with kettle potato chips (Baked Lays or pretzels available upon request)

Executive Burger & Grilled Chicken Sandwich

Grilled chicken breast or eight ounce burger grilled to your liking on a Kaiser roll with lettuce, tomato, onion and mayonnaise and your choice of two items: bacon, sautéed onions, sautéed mushrooms, black olives, American, Swiss, Bleu or Cheddar Cheese.

Burger - 8.75 Chicken Breast - 8.50

Extra toppings: 1.00 each

Fried Perch Kaiser

Golden fried perch served on a Kaiser roll with tartar sauce, lettuce and tomato.

9.00

Grilled Vegetable Wrap

Grilled asparagus, mushrooms, bell peppers, zucchini and onions rolled in a flour tortilla with lettuce, tomato and hummus.

7.50

Turkey Club Sandwich

Smoked turkey, Applewood smoked bacon, lettuce, tomato and mayonnaise layered on three slices of toast of your choice.

8.50

Grilled Italian Cheese

Parmesan grilled toast, ham, salami, tomato and provolone cheese served with lemon basil aioli.

8.25

Turkey Reuben

Roasted turkey, Swiss cheese, sauerkraut and 1000 island dressing served on grilled swirl rye.

8.25

Michigan BLT

Applewood smoked bacon, crisp lettuce, tomato and mayonnaise on your choice of toast.

7.50

Greek Turkey Wrap

Sliced turkey, feta cheese, Bermuda onion, cucumber yogurt sauce, lettuce, Kalamata olives and tomato salsa.

9.00

Falafel Pita Wrap

House made falafel rolled in a whole wheat pita with cucumber, lettuce, tomato, onion and cucumber yogurt sauce.

7.50

ADDITIONAL SANDWICHES

TURKEY/HAM	5.25
Add cheese	+1.00
CHICKEN/TUNA	6.00
On croissant	6.50
GRILLED HAM & CH	6.75
TUNA MELT	7.00

DESSERT

Chicken Salad	3.50
Tuna Salad	3.50

BOXED LUNCH: All sandwiches can be served as a boxed lunch with two cookies and fruit cup
Add 3.00

For various lunch buffet options, check out our lunch banquet menu on line:
www.universityclubgr.com

SIDE ITEMS

Baked Potato	2.00
Veg du jour	1.50
Potato du jour	2.00
Chicken breast	3.50
Yogurt w/ berries	3.00
Cottage Cheese	2.00
Fruit Cup	2.00
Soup	3.95
Soup (quart)	7.50
Rolls & butter	.75
Chips, Pretzels	1.00
Fries	2.00
Sweet Pot. Fries	2.00

BEVERAGES

Iced Tea	2.00
Raspberry Iced Tea	2.00
Lemonade	2.00
All Sodas	2.00
Cider(in season)	2.00
Perrier	3.00
Milk	2.00
Juice	2.00
Bottled H2O	1.50

DESSERTS

Gelato, seasonal varieties	3.00
Sorbet, seasonal varieties	3.00
Ice Cream	2.50
Sherbet	2.50
Sundae	3.00
Cheesecake/Chocolate Torte/Cake	3.50
Cookie/Muffin	1.00
Dozen Cookies/Muffins	12.00
Pie/Cake	3.25
A la mode	+1.00