

## October 2010

Mon	Tue	Wed	Thu	Fri
				1 <i>Seafood Gumbo</i>
4 <i>Loaded Baked Potato</i>	5 <i>Chicken Noodle</i> <i>Healthy Choice</i>	6 <i>Chili</i>	7 <i>Cream of Tomato</i>	8 <i>Salmon and Corn Chowder</i>
11 <i>Mushroom Brie</i>	12 <i>Garden Tomato</i> <i>Healthy Choice</i>	13 <i>Pork and Black Bean</i>	14 <i>Chicken and Vegetable</i>	15 <i>Monterey Pepper Crab</i>
18 <i>Beef and Mushroom</i>	19 <i>Carried Sweet Potato</i> <i>Healthy Choice</i>	20 <i>White Chicken Chili</i>	21 <i>Squash Bisque</i>	22 <i>Shrimp and Artichoke Bisque</i>
25 <i>Sportsman</i>	26 <i>Chicken and Wild Rice</i> <i>Healthy Choice</i>	27 <i>Ham and Bean</i>	28 <i>Italian Chicken and Spinach</i>	29 <i>New England Clam Chowder</i>