

# UNIVERSITY CLUB OF GRAND RAPIDS

## LUNCH MENU

EFFECTIVE APRIL 1, 2008

Delivery time: MON-FRI 11:30am – 2pm

**TO INSURE NOON DELIVERY PLEASE PLACE ORDERS BY 10:30 AM**

**Phone 456-8623 / Fax 456-8639**

### SALADS

#### **SESAME CHICKEN**

Grilled chicken breast sliced over Asian greens with cabbage, red peppers and carrots. Topped with rice noodles and toasted almonds. Served with warm sesame dressing. 8.50

#### **TRAVERSE CITY SALAD**

Char-grilled chicken diced onto baby spinach with dried cherries, bleu cheese, walnuts and cucumbers. Served with Cherry Vinaigrette. 9.25

#### **BLACK AND BLEU STEAK SALAD**

Blackened four-ounce filet mignon sliced over romaine with tomato wedges, bleu cheese and carrots. Served with creamy Catalina dressing and cheddar-garlic croutons. 9.50

#### **ASSORTED VEGETABLES**

Served with ranch dressing. 2.25

#### **CHEF SALAD 8.50**

Served with your choice of dressing.

#### **UNIVERSITY CLUB COBB**

Mixed greens topped with diced turkey, bacon, cheddar and feta, avocado, hard-boiled egg, carrots, cucumbers, Kalamata olives and tomatoes. Served with your choice of dressing. 9.25

#### **CLASSIC CAESAR SALAD**

Romaine lettuce tossed with our special Caesar dressing and freshly shaved Parmesan. 5.75

w/ chicken or garden burger 7.95

w/ shrimp or Ahi tuna 9.75

#### **FRESH FRUIT PLATE**

Seasonal fresh fruit served with your choice of low fat cottage cheese, yogurt and berries, chicken, tuna or shrimp salad. 7.95

#### **TOSSED SALAD 4.50**

Served with your choice of dressing.

Choice of dressings include: Ranch, Thousand Island, Bleu Cheese, Honey Mustard, Cherry Vinaigrette, Raspberry-Almond Vinaigrette, Roasted Garlic-Balsamic Vinaigrette, Italian, French, and Zinfandel Vinaigrette.

### ENTREES

#### **ASPARAGUS MUSHROOM PENNE**

Penne pasta tossed with asparagus tips, portabello mushrooms and grape tomatoes in housemade basil pesto and olive oil. 9.50

Add char-grilled chicken breast 11.50

With shrimp add 1.00 per shrimp

Extra mushrooms 1.00

#### **ASIAN CHICKEN**

Char-grilled chicken breast with tangy citrus glaze served over rice medley with vegetable du jour. 9.50

#### **TEQUILA LIME CHICKEN & SHRIMP**

Seared chicken and three jumbo shrimp with Tequila-lime and cilantro pesto. Served over steamed vegetable medley. 9.95

#### **UNIVERSITY CLUB SLIMMER**

Your choice of a six-ounce sirloin burger, chicken breast, or Ahi tuna char-grilled and served over mixed greens with cottage cheese, sliced tomatoes and garden salsa. 8.25

#### **GRAND GARDEN SLIMMER**

Grilled Morningstar veggie burger served over baby spinach with sliced tomatoes, cottage cheese and ranch salsa. 7.50

#### **SPICE CRUSTED TUNA**

Seared Sashimi tuna with Fuji cider reduction and sautéed apples on a bed of sweet potato fries and carrots. 11.95

#### **TILAPIA**

Six-ounce fillet char-grilled, sautéed or oven baked. Served over steamed vegetable medley and lemon wedge. 10.95

#### **GREAT LAKES PERCH**

Beer battered and deep-fried or lightly sautéed fillets splashed with fresh lemon and served over rice medley with vegetable du jour. 10.95

#### **PRESSBOX VEGGIE PLATTER**

Steamed vegetable medley and baked potato. 6.50